



[HTTP://WWW.RITCHSPERSONALTRAINING.COM/](http://www.ritchspersonaltraining.com/)

## Personal Training Policies

Printed Name: \_\_\_\_\_

### **Please initial beside the following:**

\_\_\_\_\_ ~ All personal training sessions need to be paid for in full in advance

\_\_\_\_\_ ~ All paperwork needs to be filled out and signed before workouts can begin

\_\_\_\_\_ ~ Training begins at the scheduled time, if the client is late, then that is time lost and it will not be made up

\_\_\_\_\_ ~ 48 hour notice is required for cancellation of a session

\_\_\_\_\_ ~ Cancellations made less than 48 hours will result in loss of session purchased

\_\_\_\_\_ ~ Refunds will NOT be given for sessions purchased  
\*\*\*if you are not certain if personal training is right for you, start first with purchasing just one session\*\*\*

\_\_\_\_\_ ~ Sessions may only be transferred among immediate family (spouse/child)

\_\_\_\_\_ ~ Sessions Prices are as follows

- ◇ 50 Minute Sessions
  - 1 Session - \$45
  - 5 Sessions - \$215
  - 10 Sessions - \$400
- ◇ 30 Minute Sessions
  - 1 Session - \$30
  - 5 Sessions - \$140
  - 10 Sessions - \$250

Signature: \_\_\_\_\_ Date: \_\_\_\_\_