



[HTTP://WWW.RITCHSPERSONALTRAINING.COM/](http://www.ritchspersonaltraining.com/)

Personal Training Policies

Printed Name: _____

Please initial beside the following:

_____ ~ All personal training sessions need to be paid for in full in advance

_____ ~ All paperwork needs to be filled out and signed before workouts can begin

_____ ~ Training begins at the scheduled time, if the client is late, then that is time lost and it will not be made up

_____ ~ 48 hour notice is required for cancellation of a session

_____ ~ Cancellations made less than 48 hours will result in loss of session purchased

_____ ~ Refunds will NOT be given for sessions purchased
if you are not certain if personal training is right for you, start first with purchasing just one session

_____ ~ Sessions may only be transferred among immediate family (spouse/child)

_____ ~ Sessions Prices are as follows

- ◇ 50 Minute Sessions
 - 1 Session - \$45
 - 5 Sessions - \$215
 - 10 Sessions - \$400
- ◇ 30 Minute Sessions
 - 1 Session - \$30
 - 5 Sessions - \$140
 - 10 Sessions - \$250

Signature: _____ Date: _____